



Happy New Year!

As we welcome in the New Year, we also welcome in a new editor for The UOSH Safety Line. Mr. Robert Valdez has taken an assignment as a UOSH Compliance Officer. UOSH thanks Robert Valdez for his excellent work on The UOSH Safety Line, and wishes him well on his new appointment. Mr. Jerry Parkstone will take over the duties of editor. Mr. Parkstone is the Support Specialist for the UOSH Consultation Program. You can reach Mr. Parkstone by email at: jparkstone@utah.gov, or by phone (801) 530-6010.

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Make Safety Your New Years Resolution!

The New Year is a great time to review your safety program and make any changes that are necessary. If your review brings questions or concerns, look at www.osha.gov and take advantage of the Safety and Health Topics located on the OSHA website (you can find Safety/Health topics on the right side of the OSHA homepage). These Safety and Health Topics address the most common safety and health concerns.

Are you truly OSHA compliant? The Utah Workplace Safety and Health Consultation Services is a non-penalty approach to removing hazards at your job site. The Utah Workplace Safety and Health Consultation Services assists you to identify safety and health hazards and provide your company with recommendations to correct them and prevent injuries. Our goal is to educate and encourage you to increase safety in your workplace. This is done without issuing citations or penalties for violations. This program is available at no charge to Utah businesses with 250 employees or less throughout the State, or 500 employees corporate wide. The Consultation Program gives priority to small business employers in high hazard industries. Employers must be committed to the elimination of safety and health hazards. Employers enjoy the benefit of increased productivity, better morale, and decreased workers' compensation and health care costs, after using the Consultation Services. Call UTAH OSHA Consultation at 801-530-6855, or email jparkstone@utah.gov.

Need help writing that safety plan? Try using SafetyWriter. This program allows you to assemble the components of a safety and health program tailored to your business. You can find SafetyWriter at: www.consultationconnection.com.

To subscribe to an email copy of this newsletter, please contact:

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Drive Safely in Foggy Conditions

As the temperatures go lower, and the inversion returns to the Wasatch Front, remember to prepare for foggy conditions while driving. This year has already had its share of fog related collisions. If you find yourself in dense fog, follow these recommendations:

Slow Down! Most fog related collisions are caused by drivers going faster than the road conditions dictate.

Use your low beams! High beams reflect off of the fog making a white wall reducing you visibility.

Keep an eye on your speedometer! Try to maintain a constant speed Some drivers will become acclimated to the fog and slowly increase their speed increasing their chance of a collision.

Use your wipers and defroster! Fog is common in wet and cold conditions, and can cause your windshield to fog over. Before you travel, make sure your windshield wipers and your defroster are in good condition.

Don't tailgate! It may be tempting to get up close to that car in front of you so that you can follow them. However, following too closely will increase your possibility of a collision if the driver in front has to stop quickly or needs to make an emergency maneuver.

Use the painted lines on the road! The painted lines are easier to see in the fog and can keep you in your own lane.

If it is too bad, Stop! Pull off as far as possible and turn on your emergency flashers. Whenever possible avoid highway shoulders, in heavy fog other drivers may have difficulty in staying within their lanes.



Most Frequently Cited Standards 2008

The following were the top 10 most frequently cited standards in fiscal year 2008 (October 2007 through September 2008):

- Scaffolding, general requirements, construction ([29 CFR 1926.451](#))
- Fall protection, construction ([29 CFR 1926.501](#))
- Hazard communication standard, general industry ([29 CFR 1910.1200](#))
- Control of hazardous energy (lockout/tagout), general industry ([29 CFR 1910.147](#))
- Respiratory protection, general industry ([29 CFR 1910.134](#))
- Electrical, wiring methods, components and equipment, general industry ([29 CFR 1910.305](#))
- Powered industrial trucks, general industry ([29 CFR 1910.178](#))
- Ladders, construction ([29 CFR 1926.1053](#))
- Machines, general requirements, general industry ([29 CFR 1910.212](#))
- Electrical systems design, general requirements, general industry ([29 CFR 1910.303](#))



The following are the standards for which OSHA assessed the highest penalties in fiscal year 2008 (October 2007 through September 2008):

- Fall protection, construction ([29 CFR 1926.501](#))
- Scaffolding, general requirements, construction ([29 CFR 1926.451](#))
- Electrical, hazardous (classified) locations ([29 CFR 1910.307](#))
- Control of hazardous energy (lockout/tagout), general industry ([29 CFR 1910.147](#))
- Excavations, requirements for protective systems, construction ([29 CFR 1926.652](#))
- Machines, general requirements, general industry ([29 CFR 1910.212](#))
- General duty clause ([Section 5\(a\)\(1\) of the OSH Act](#))
- Powered industrial trucks, general industry ([29 CFR 1910.178](#))
- Walking-working surfaces, general requirements ([29 CFR 1910.22](#))
- Process safety management of highly hazardous chemicals ([29 CFR 1910.119](#))

For more detailed information, visit http://www.osha.gov/dcsp/compliance_assistance/frequent_standards.html. At that site, you can generate a report on the most frequently cited federal or state OSHA standards by your SIC code and the number of employees in your establishment.

OSHA 10 Hour Construction Industry classes

OSHA 10 Hour Construction Class

2009 Schedule

March 25, 26

May 27, 28

July 29, 30

September 23, 24

November 10, 11



There is no cost to the employer or employees for the OSHA 10 Hour Class. Each employee that completes the 10 hour training will be issued a 10 Hour Occupational Safety and Health Training Course card, issued by the U.S. Department of Labor. An employee must attend all 10 hours to receive the card. [Classes begin each day promptly at 11:30am and end promptly at 5:00PM.](#)

All classes will be held in the UOSH Conference Room on the third floor of the Heber Wells Building (160 East 300 South) in downtown Salt Lake City. Public parking is available at the Broadway Building North Side of 300 South across from the Heber Wells Building the Metro parking facility located on the South side of 400 South between 200 East and State Street (parking ranges from \$10 to \$15). You can also take the North South Traxx line to the Gallivan Center, or the University Line to the Library stop, both lines are within two blocks of the Heber Wells Building, for schedules and routes go to www.rideuta.com.



“Working together we can make the beautiful State of Utah a safer place to work, elevating our workplace safety and health culture to a higher level of excellence”